

#### **APPETIZERS**

Hummus with Crudités	Rs. 330
Cucumber Cups (Hummus and Olives/Cucumber, Tomato, Onion, Olives & Feta)	Rs. 350
Millet or Corn Chips with Salsa or Hummus /Combo	Rs. 220/250
Nachos - Vegetarian/Chicken	Rs. 350/420
Bruschetta with Feta, Tomato, Basil & Olive Oil	Rs. 350
Crostini with Hummus and Olives/Cucumber, Tomato, Onion, Olives & Feta	Rs. 350
Peanut Sandeko	Rs. 250
Tom Yum Soup (Chicken/Veg)	Rs. 250/350

### **SANDWICHES & PANINI'S**

### (Served with Millet Chips& Salsa)

All sandwiches and panini's are served on freshly baked baguettes.

We also have a whole wheat or gluten free bread option- please ask your server)		
Cheese Tomato Onion Sandwich/Panini	Rs. 300/350	
Tuna Salad Sandwich	Rs. 350	
BLT (Bacon, Lettuce &Tomato Sandwich)	Rs .450	
Bacon, Egg & Cheese Panini	Rs. 450	
Chicken, Onion, Peppers &Cheese Panini	Rs. 425	
Grilled Mixed Vegetable Panini/Cheese	Rs. 300/350	

### **LOCALLY GROWN FRESH SALADS**

### (All Vegetables are Soaked in Iodine & Rinsed with Filtered Water)

Green Salad	Rs. 300
Greek Salad	Rs. 490
Grilled Chicken Salad	Rs. 450
Fajita Salad (Veg/Chicken)	Rs. 400/525
Spinach Beetroot and Feta Salad	Rs. 450
Watermelon, Mint & Feta Salad	Rs. 450

#### **IIVA SPECIALS**

Vietnamese Noodles (Chicken or Vegetable in a Peanut and Sesame Sauce)	Rs. 450/350
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Burrito's (Chicken or Vegetable, served with Salsa,

Yogurt Sauce & Cheese) Rs. 490/450/400

Please see boards or ask your server for our daily specials! 10% service charge will be added to your bill.

Thank You!



### **BREAKFAST**

Breakfast - (2 Eggs, Toast, Tea or Coffee) Add Bacon	Rs. 275/450
Huevos Rancheros	Rs. 350
Spinach, Feta, Tomato & Onion Omelet	Rs. 300
Sautéed Vegetable/Cheese Omelet	Rs. 250/300
Bacon,Egg & Cheese Panini	Rs. 450
Egg and Cheese Panini	Rs. 350
French Toast with Fresh Fruit & Pancake Syrup	Rs. 325
Pancakes/Banana Pancakes with Fresh Fruit & Pancake Syrup	Rs. 325/350
Buckwheat Pancakes with Fresh Fruit & Pancake Syrup	Rs. 350
Toast with Peanut Butter & Banana	Rs. 190
Eggs to Order (2)	Rs. 120
Toast with Butter & Jam	Rs. 90
TEA & COFFEE	

Fresh Filtered Coffee	Rs. 120/160/290
(Cup/Small/ Large French Press)	
Tea (Black, Lemon, Mint, or Green/Milk,)	Rs. 70/90/ 180
(Cup/Pot)	
Hot Lemon with Ginger& Honey	Rs. 100
Hot Chocolate	Rs. 150
Cold Brewed Iced Coffee	Rs. 150
Iced Tea	Rs. 120

# **SMOOTHIES, LASSI'S & JUICE**

Smoothies (See Smoothie Menu)	Rs. 250-290
Banana Lassi	Rs. 120
Mixed Fruit Lassi	Rs. 180

### **SOMETHING SWEET**

Homemade French Chocolate Cake Rs. 225

Please see boards or ask your server for our daily specials!

10% service charge not included

Thank you!



#### **DRINKS**

Smoothies (See Backside for Menu) Mixed Fruit Lassi Plain/banana Lassi Fresh Lime Mint Cooler Fresh Lemonade Fresh Lemon Soda Bottled Water Coke, Fanta, Sprite Tonic Water Diet Coke	Rs. 250-290 Rs. 180 Rs. 90/120 Rs. 150 Rs. 120 Rs. 90 Rs. 60 Rs. 60 Rs. 70 Rs. 150 Rs. 150
<u>COCKTAILS</u>	
Vodka, Mango & Cilantro Cooler Mojito Gin Basil Smash Gin & Tonic	Rs. 390 Rs. 390 Rs. 390 Rs. 390
House Wine per Glass (Red/White) Wine Spritzer	Rs. 450 Rs. 425
House Wine (Sol De chili) Sparkling Wine - Brut Champagne	Rs. 1650 Rs. 2000 Rs. 2,500
Everest Carlsberg Beer Local Spirits 60ml (vodka, whiskey, gin and rum	Rs. 325 Rs. 425 Rs. 220

# **HAPPY HOUR SPECIALS**

Everest Beer with Prawn Crackers - Rs. 275 Two for One Daily Happy Hour Cocktail Specials

10% service charge not included Thank you!



# Smoothie Menu

- 1. *Spa Cucumber* Cucumber, Lemon Juice, Honey & Crushed Ice Rs. 250
- 2. *Groovy Green* Spinach, Banana, Apple, Lemon Juice, Plain Yogurt & Crushed Ice Rs. 270
- 3. *Green Banana* Banana, Lettuce, Spinach, Lemon Juice & Crushed Ice Rs. 250
- 4. *Carrot and Pineapple* Carrot, Pineapple, Banana, Lemon Juice & Crushed Ice Rs. 290
- 5. *Spinach and Apple-* Spinach, Apple, Banana, Lemon Juice & Crushed Ice Rs. 270
- 6. *Carrot, Orange and Ginger Smoothie* Carrot, Orange Juice, Ginger & Crushed Ice Rs. 290
- 7. *Green Beet Smoothie* Beetroot, Spinach, Apple & Crushed Ice Rs. 270
- 8. *Beet, Carrot and Apple Smoothie* Beetroot, Carrot, Apple, Yogurt & Crushed Ice Rs. 290
- 9. *Mixed Fruit Smoothie* Seasonal Fruits, Lemon Juice, Yogurt & Crushed Ice –Rs. 270
- 10. *Chocolate, Peanut Butter and Banana* Banana, Chocolate Sauce, Peanut Butter, Yogurt & Crushed Ice- Rs. 290
- 11. *Cookies and Cream* Oreo Cookies, Banana, Chocolate Sauce, Milk, Yogurt & Crushed Ice -Rs. 290

All Smoothies are made with 100% Fresh Fruit & Vegetables

10% Service Charge Not Included Thank you!